



NEBOSH Training

HSE Certificate in Manual Handling Risk Assessment (Only in English)



Benefits for students

The NEBOSH HSE Certificate in Manual Handling Risk Assessment is a qualification for those who want to recognise, assess and reduce manual handling risks in the workplace. The syllabus and accompanying learning materials have been developed by NEBOSH, in conjunction with Great Britain's Health and Safety Regulator, the Health and Safety Executive (HSE), and are based on published HSE guidance.

Who is it designed for?

The qualification is suited to employers and employee representatives who want to start assessing manual handling risk in their organisation, and implement effective control measures. It will also help those already involved in managing manual handling risk, to deepen their understanding of the subject, and train in the use of specific HSE manual handling assessment tools.

Prerequisites

None.

Objectives

The NEBOSH HSE Certificate in Manual Handling Risk Assessment will help you to:

- Have confidence as your team will be trained in HSE's current approach to manual handling risk assessment
- Ensure your organisation has valuable in-house manual handling risk expertise
- Upskill your teams so they can carry out manual handling risk assessments to the right standard, and identify where specialist input is required
- Create a safe and healthy work environment



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Course content

Total duration of training : 1 day

Element 1: Principles of manual handling

- Key terms & the scale of the issue
- Moral, legal and business reasons
- Managing manual handling in the workplace
- The spine
- Common tasks and common injuries

Element 2: Managing manual handling risk: identification and assessment

- Hierarchy of duty to reduce risk
- Risk factors (TILE)
- Interaction of risk factors
- Risk assessment – who, when and how
- Levels of assessment
- Simple filters
- Introduction to MAC and RAPP tools and guides
- Risk assessment for specific types of risk

Element 3: Management of manual handling risk – Control of risk

- Mechanical lifting aids
- Workplace and job design factors
- 11 key principles of good manual handling, team handling



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Training materials and methods:

- Reception of trainees in a room dedicated to training
- Training support documents projected and made available
- Training support documents given to trainees
- Consultation of specialized websites (films, videos, information media ...)
- Exam preparation exercises (workshops)
- Quiz

Assessment

To achieve the qualification, learners must complete a manual handling assessment case study which identifies a range of hazards and meets best practice standards ('suitable and sufficient'). 1 hour

Monitoring and evaluation :

- Attendance sheets
- Oral questions with a collegiate answer each end of the day
- Satisfaction survey completed by participants at the end of training

Trainers:

HSE Experts: coaching, training, consulting, coordination, QHSE supervision.

Our expert trainers are accredited by the NEBOSH Organization. Annual review of accreditation.

More information